

HELP RURAL NEPAL

NEWS FROM 2019

Help Rural Nepal has been working in the Dhading district of Nepal for 11 years. We have been focussing on health and education projects in a remote farming area. This area was also very badly affected by the devastating earthquakes in 2015. We are a UK based charity working with Pathe Nepal, our partner Nepali NGO.



We recently took library books, their first computers and a printer to Aawagaman school in Salyantar. This is a poor small



government school with very limited funding.

We also donated books and computers to 3 more schools in this area and we are always given a wonderful welcome. These donations are invaluable to schools, most of them have no IT equipment at all and we will be following up with

IT training for the teachers.



Our next dental camp is in early December when a Dutch team of dentists and hygienists arrive for a 2 week dental camp and offer free dental treatment to the community. They will teach 10 health workers from local health posts, both practical

skills and theoretical knowledge so they can continue to help their communities when the dental team leaves.

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The team also donates dental chairs and instruments to the health posts as well as teaching children and adults about dental hygiene.

This is the 3rd year this wonderful team have come and given their time and experience and we thank them very much.

Lidwien, daughter of dental camp founder Geertje, and pre camp organiser is here doing some shopping for the camp.



Pradeep is a young man from Khahare village who has just completed his course from The Council for Technical Education and Vocational Training - his subject was Veterinary Studies. HRN funded his course and in return he will work in the Khahare area for 5 years. He is now enjoying his internship with a veterinary surgeon after which he will return to work in his home community helping the farmers improve and care for their stock.

We hope to offer other courses to young people in the future.

We are still fundraising for a toilet block at Marpak school. Their toilet was damaged in the earthquake and is inadequate for 520 pupils and we would like to contribute to the new block.



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We got to know Sunil when he was a young boy of 6 who had very limited use of his hand after it was badly burned in an accident. After several operations he has regained full use of his hand, able to catch balls, work on the farm and joins in all activities at school.

Sunil now makes and plays his own flutes- beautifully. You will be able to hear him playing on our website.

Fundraising

This year we held a Bob Dylan Tribute evening at The Underfall Yard in Bristol's historic docks.



The band, The Bob Villains were fantastic and the weather stayed fine enough for us all to enjoy the music by the waterside. The food was supplied by Pickle Café, who also ran the bar. A great evening and many thanks to everyone who attended, helped and made donations.

We held a special raffle for a lovely painting kindly donated by Bath artist Mike Service. This proved very popular and we thank Mike very much for his kind donation.

Many thanks to The Bob Villains for giving their time to perform for us- You were fantastic and almost better than Bob himself!

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We will be holding a Christmas stall at Audley Redwood's Christmas Fair again this year and hope many of you can make it.



We will be selling Nepali handicrafts, pashminas and scarves.

It would be lovely to see you there and enjoy a glass of mulled wine and a mince pie while doing some Christmas shopping!

Photo- Catherine and Felicity at our 2018 Christmas stall.

Our sale is on Wednesday 27th November between 12.30 and 3.30 at Audley Redwood, Beggar Bush Lane, Bristol BS8 3TG.

We can only continue our work in Dhading with your help and we are so very grateful to everyone who supports us in so many ways- helpers at events, supporters and our very valued regular donors. Our special thanks go to Shital Dharel from Pathe Nepal who inspires us and arranges everything for us in Nepal- we are always very grateful to you.

We thank you all on behalf of our friends in Dhading and ourselves. Best wishes for a very merry Christmas and a happy and healthy New Year.

Pam Felicity and Catherine

